



ROUSAY COMMUNITY ASSOCIATION SCIO



We would like to thank all who attended the celebration for the Coronation of King Charles III.

The Rousay children created a fantastic array of crowns, sceptres & orbs, well done to everyone & thanks to our competition judge, Jenny.

And a huge thank you to the Rousay Egilsay & Wyre Development Trust and REWGCC for their generous funding which enabled us to hold this community event.

Keep an eye out for our upcoming events throughout the year.



The Rousay SWI will meet on **Tuesday 13th June 2023**,
at **8pm** at the **Rousay Community School**.

Our speaker for the evening is Amy Davis, Public Health Dietitian
with a talk on 'Healthy Eating.'

Competitions: -

Wildflower arrangement.

Sun hat jazzed up if you wish - go mad!

Raffle tickets on sale.

Refreshments provided.

We look forward to seeing you there.

There will be no meeting in either July or August due to the summer recess.



June 2023

The Taversoe

01856 821 325



June Opening Hours

CLOSED ON MONDAY AND TUESDAY

**Wednesday to Friday
3pm to 11pm**

**Saturday and Sunday
11am to 11pm**

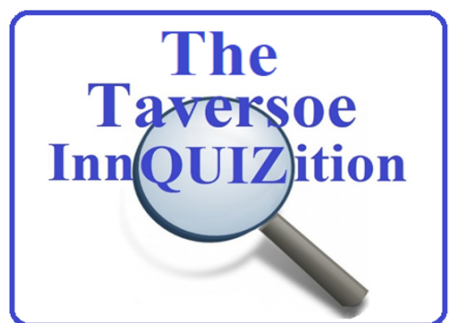


**Available Thursday,
Friday & Saturday**

**Collection or Delivery
24hr Notice Required**



**Like our Facebook page
"The Taversoe"**



General Knowledge Quiz

**THURSDAY JUNE 1st
8pm @ The Taversoe**

Jackpot Question - Rollover of £142



**Join our Facebook group
"Taversoe InnQUIZition"**

Lunch Served at the Weekends Only / Meal Reservations Much Appreciated

Lunch 12-2.30pm & Dinner 6-9pm / Last Food Orders at 2.15pm & 8.45pm

If the Bar is empty of customers at 10pm we will close The Taversoe for the night.

The Taversoe - Rousay - Orkney - KW17 2PT / www.taversoehotel.co.uk / taversoe@hotmail.com / 01856 821 825



*Homemade cakes,
traybakes,
cupcakes, biscuits
and more, made to
order
(min 3 days notice).*

contact me



Contact Alice Mainland for
more information or order
enquiries:

07552387109

brinianbakes@hotmail.com

Birthday and Occasion cake orders always welcome



ROUSAY, EGILSAY, WYRE & GAIRSAY COMMUNITY COUNCIL

Dates of next meetings:

Saturdays 17th June and 2nd September 2023 at 9:15am at Rousay School (please note earlier time)

Funding Opportunities

R,E,W&G Community Council are open to receiving funding requests, including for match funding. Examples of recent projects and items that have received funding are:

- iPad for Rousay Nursery
- Uniform and equipment support for Rainbows Brownies and Guides
- Bag the Bruck
- P7 trip to Hoy (match funded)
- Christmas gifts for Rousay School pupils
- Pond improvements at Rousay School
- Improved Cinema speaker system (match funded)
- Christmas Tree at the Heritage Centre
- Fireworks for Egilsay and Rousay
- Repairs to the James Leonard Memorial stone
- Led on the Wester Kirk road improvements (match funded)

Educational travel grants are available to all residents of Rousay, Egilsay, Wyre and Gairsay.

Please email rewgclerk@gmail.com to receive an application form to request financial support.

Applications will be discussed at the following meeting, so please ensure that any requests are sent to the Clerk no less than 2 weeks prior to the meeting.

Installation of replacement notice boards – Rousay

Tenders are welcome to install 4 new notice boards on Rousay, 2 of which have ground posts. Please email rewgclerk@gmail.com for more information or to declare interest in taking on the work.



Rousay Church of Scotland

The next services will be led by a student minister
on Saturdays 10th June and 1st July 2023
at 3.15 pm
in the GP room, Rousay School
followed by tea/coffee and homebakes

All welcome



REW Heritage SCIO

Gowsterie, Rousay, KW17 2PT



Correction to the Heritage SCIO page of the 2023 REW DT Annual Report

The REWDT Annual Report had the following on page 26: -

Rousay Heritage Centre

Replicas of items discovered during archaeological digs are now on display in the Rousay Heritage Centre, to be joined, in April 2023, by replicas of a brooch and a Viking sword discovered during excavations at Westness many decades ago.

This should have said: -

A brooch designed by Ola Gorie, inspired by the Westness brooch and paid for via the Big Lottery Fund Heritage award for the summer of 2022 events is now on display in the Heritage Centre. A replica of the Viking sword discovered during excavations at Westness many decades ago, is now also on display.

Orkney Citizens Advice Bureau



Will be visiting



Rousay

on

Wednesday 21 June 2023

when we will be in
The Community School
between
1000 and 1500

Please book an appointment by

Friday 16 June

by contacting us:

on 01856 875266

or by e-mail at

bureau@orkneycab.casonline.org.uk



Isles First Responder

Orkney Health and Care - Rousay GP Surgery

Band 2 £24,866 - £26,872 including Distant Islands Allowance pro rata per annum.

Relief on Rota Basis – as and when required

Fixed Term until 31/03/2024

An exciting opportunity has arisen within NHS Orkney's Primary Care Department for an Isles First Responder based on Rousay.

As a First Responder you will be part of a community scheme and will participate in the provision of on call cover, on a rota arrangement. First Responders are a vital part of our emergency resource and provide support to Medical Professionals providing an immediate response in emergency situations.

Effective communication with good interpersonal skills and an ability to stay calm in an emergency environment is essential for this role. Applicants will also need to be flexible, able to work under pressure and able to respond to calls in an efficient and safe manner as directed by the Scottish Ambulance Service.

For further information on this post, please contact Maureen Firth - Head of Primary Care Services on Maureen.firth@nhs.scot or 01856888066.

This post is subject to a PVG Scheme Record check

A Recruitment pack containing a Job Description and Person Specification can be downloaded from the link below:

<https://apply.jobs.scot.nhs.uk/Job/JobDetail?JobId=149190>



Rousay Healthy Living Centre

SUPERVISED SESSIONS

MONDAY 7 - 9pm

TUESDAY 7 - 9pm

THURSDAY 6 - 9pm

SATURDAY 4 - 5pm

If there are no gym users at 15 minutes past the last session hour start time the RHLC will close early.

BUDDY SYSTEM HOURS

MONDAY - FRIDAY

9am to 3pm

During school term.

HOLIDAY SESSIONS

Keep an eye out over the next few weeks, as we will have some notices up in the gym regarding additional supervised sessions throughout the school summer holidays.

The REWDT Well-being 125 grant is available to residents and can be used towards the cost of ActiveLife/Activelands.

Please ensure you apply to the REWDT for their Well-being 125 Grant before subscribing to ActiveLife or Activelands.

Tel: 01856 821 443

Email: rousay.hlc@glow.orkneyschools.org.uk

Group X Classes What is

FATBURN EXTREME

FBX is a fixed 20 minute, maximal intensity workout with no dictated rest periods. The sessions are comprised of body weight exercises (eg. push ups, squats, lunges). You'll work as hard as you can for the full 20 minutes, resting when you need to!

BOXERCISE[®]

Boxercise is a circuit class based on the movements and training concepts used in boxing. Everyone is welcome whatever their age and athletic ability, so it's perfect for beginners. A great class that's empowering and fun. We do not punch people, just pads!

Fatburn Extreme - FBX
Monday @ 7.15pm

Boxercise

Tuesday @ 7.15pm

Newbies and anyone desiring a refresher are welcome to come along at 7pm for a brief introduction.



ActiveIslands



ActiveLife

MEMBERSHIPS

Full details: www.pickaquoy.co.uk/activelife

Beauty by Han Han

Is now offering a mobile beauty service on Rousay for the following treatments,

- ★ Full Body Massage
- ★ Back neck and shoulder massage
- ★ Facials
- ★ Manicures
- ★ Pedicures
- ★ Gel Polish

All in the comfort of your own home, so if your unable to come to me I can come to you. (A small service charge will be added)

Call [07731 428809](tel:07731428809) for more information or to book an appointment.



Beauty by Han Han

Prices from

Hands and Feet

Gel Polish	£27
<i>(High shine, Chip free polish. Lasting up to 2 weeks)</i>	
Manicure	£20
Pedicure	£25
Manicure with Gel Polish	£32
Pedicure with Gel Polish	£35
Gel Removal	£15
or £10 with re-application of Gel Polish	

Massage

Full Body Massage	£50
Back, Neck and Shoulder	£28
<i>Relax and unwind with these soothing treatments to ease aches and reduce tension.</i>	
<i>Choose from Aromatherapy or Swedish Massage.</i>	

Tinting

Eyelash	£12
Eyebrow	£ 8
Eyelash and Eyebrow	£18
<i>(Patch test required)</i>	

October 2022

Triangle Club

Triangle Club meets every Tuesday morning in the Taversoe from 10am.

We welcome new members and there is no lower age limit.

Come along for tea or coffee and a chat, games for those who want them and dinner at 12.30 for those who want it.

Currently we have Scrabble and Bridge, and are open to any games you would like to suggest.

It would be nice to see some new faces.



Rousay & Egilsay		
Rousay School	9	- 10.15
Hurfiso	10.20	- 10.45
Wasbister	11	- 11.45
Frotoft	12	- 12.25
Pier	12.30	- 12.45
Egilsay	1.30	- 1.40

Mobile Library Visit: 20th July

Prices from

Facials

Full Facial - 1 Hour	£50
Mini Facial - 30 minutes	£28

Waxing

Eyebrows	£ 8
Lip	£ 5
Chin	£ 8
Nostril	£ 8
Underarm	£ 8
Forearm	£11
Full Arm	£15
Back	£10
Full Leg	£23
½ Leg	£16
Bikini	£12
Full Leg and Bikini	£30

Call Hannah on 07731 428809 to book an appointment



Stephen Clackson's Letter from School Place

A report from your councillor in the month of the Coronation of His Majesty King Charles III



In late April, we experienced what seemed to be an early coo-quak, and then rain fell on the reign during the Coronation Weekend in early May. Nevertheless, it did not deter a good turnout at Sanday Community Council's event for folk to gather to watch the Coronation together live on a big screen with refreshments. I was honoured to be invited to propose the toast to His Majesty. The coronation ceremony goes back over a millennium to the crowning of King Edgar of England by Saint Dunstan, and it traces its origins back even further to Zadok the priest and Nathan the prophet anointing Solomon king, as described in the first chapter of the *First Book of The Kings* in *The Bible*. I don't think King Charles III can trace his ancestry back to King Solomon, but, through his father, he is descended from Mithradates I, Shah of Persia & King of Babylon. With long practice, this country knows how to do monarchy properly, according it all the pomp, circumstance and pageantry it deserves. Who would want a slimmed-down, bland, European-style monarchy, or, perish the thought, a republic? (Not an unmitigated success when we tried it between the reigns of the previous two kings named Charles!) According to the 19th-century essayist and political journalist, Walter Bagehot, monarchy represents the dignified branch of our constitution, one to excite and preserve the reverence of the population. Moreover, our long-established, apolitical, hereditary monarchy provides stability and continuity, and it possesses a perspective that spans generations, not just the brief period until the next election. I have 2 acquaintances who attended the Coronation ceremony, our current Lord Lieutenant, and the current Norroy & Ulster King of Arms (he was a mere pursuivant when I first got to know him), and I have met and conversed with The Princess Royal (see [October 2018 issue](#)). The Royal Family touches all our lives in one way or another, and this is one of its great strengths. Long live The King! And may he be a shining inspiration to senior citizens everywhere!

At our General Meeting, those who wanted the removal of the voting rights of the three religious representatives on the Education, Leisure & Housing Committee narrowly won the day. This was a change that I did not support.

Angus Campbell, Chairman of the Ferries Communities Board, met with us about "Project Neptune", a piece of consultancy commissioned by the Scottish Government to consider future provision of ferry services, and our views will be fed back to the Transport Minister. I was also at a very informative and frank meeting with Jonathan Hinkles, Chief Executive of *Loganair*, at which we were able to pose questions and air our views about the service. (A good excuse to give my *Loganair* tie an outing!)

Other meetings I've had at School Place this month include: seminars on the paper resulting from the Orkney College Business Review Member/Officer Working Group, and meetings concerning the Orkney & Shetland Valuation Joint Board.

It's been a delight to be out and about in the Isles a bit. I was able to attend in person the AGM of the Rousay, Egilsay & Wyre Development Trust, where it was great to catch up with what is going on in those islands and to see how their Trust is tackling the challenges thrown down by the pandemic period. I have also enjoyed guided tours of Eday School and Sanday School.

Some of our community councils are still short of their full complement of members. At his coronation, The King pledged "not to be served but to serve." Will **you** step up to serve your community by standing for one of the vacant community council places? Public meetings are being held to elect additional members at Shapinsay on 8th June and at Sanday on 15th June.

The last time a king was crowned in this country (1937), people were expected to be able to do sums like this: *What is the cost of 3 cwts 3 qtrs 15 lbs, if 27 cwts 21 lbs cost £379 2s 3d and 3 farthings?* And that is without the benefit of a pocket calculator, a gadget not available back then (and a slide-rule would be of limited use in this instance). Give it a go, and I'll provide the answer next month.

CLlr Dr Stephen Clackson

Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB
West Manse, Sanday

stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info

Credits: The coronation cakes in the upper photograph were made by Sanday's Fayre Fairies. The lower photograph of me was taken by Elaine Snelson.



**WELCOME TO
THE ROUSAY SHOP**

UNDER NEW MANAGEMENT BY
NICKY ALLEN



OPENING HOURS:

Monday	2-5pm
Tuesday	CLOSED
Wednesday	2-5pm
Thursday	CLOSED
Friday	2-5pm (also home delivery day*)
Saturday	CLOSED
Sunday	2-4pm

PLEASE NOTE: MASKS ARE REQUIRED WHEN IN THE SHOP

REMEMBER.....NICKY GETS COVID = NO SHOP



**NICKY WILL CLOSE THE SHOP IF SHE GETS COVID-19.
IF THE SHOP CLOSSES, SO DO THE FUEL PUMPS FOR THE AMBULANCE,
THE POSTIE AND YOU,
SO PLEASE WEAR A MASK WHEN IN THE SHOP.**

Thank you for your cooperation

Shop Telephone: 01856 821 365 during business hours

Nicky's Mobile: 07799 464 457 outwith business hours (no mobile signal at shop)

Email: rousayshop@hotmail.com

